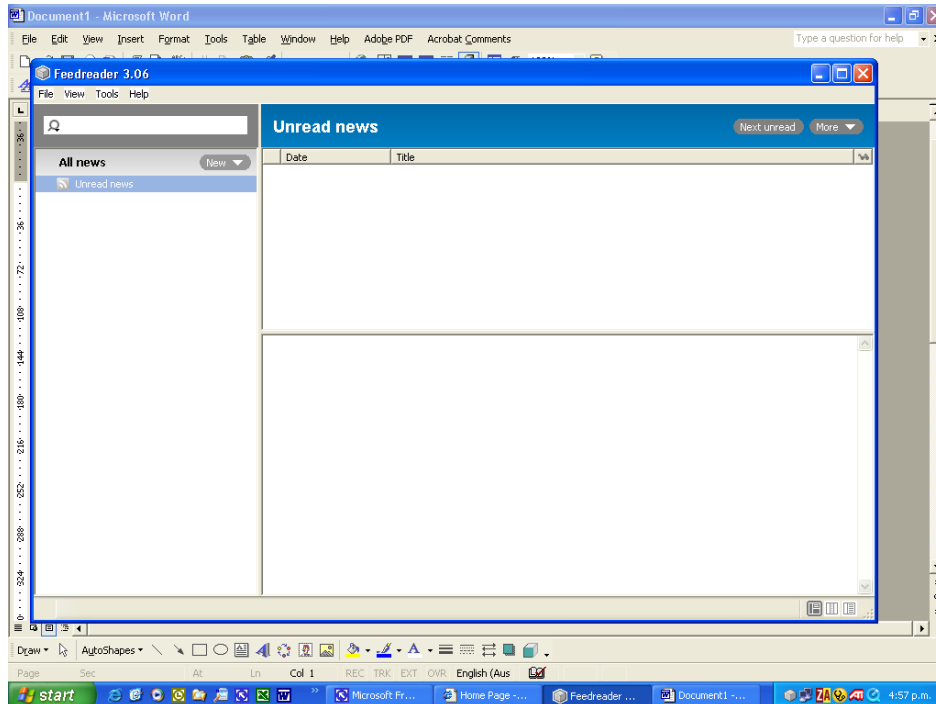


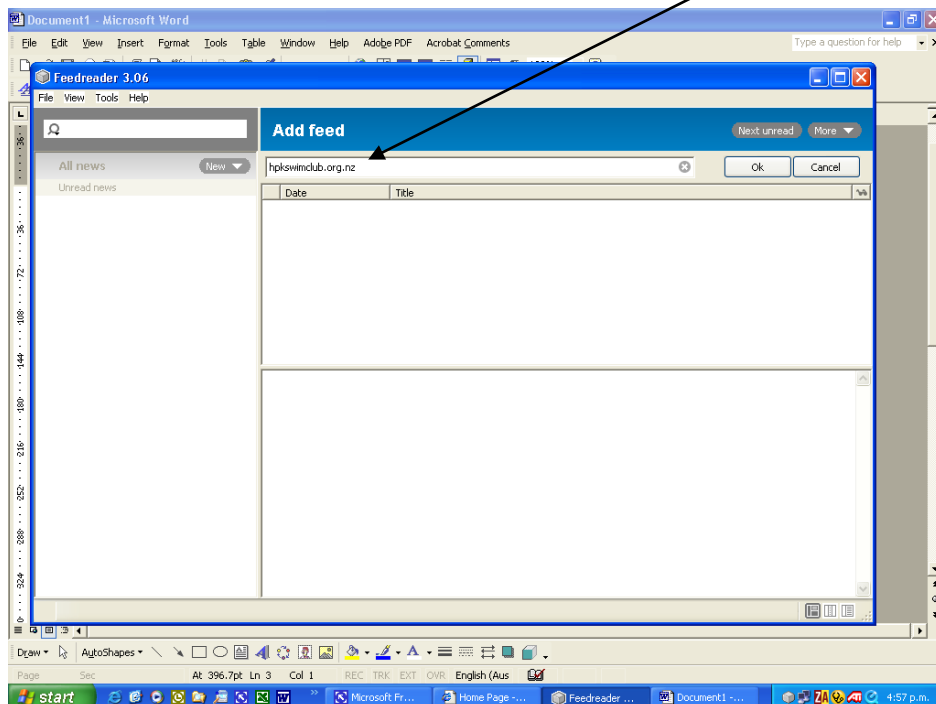
Feed Reader instructions

After downloading and installing Feed Reader you need to set up the link to the Swim Club website. You can also add other feeds using the same method.

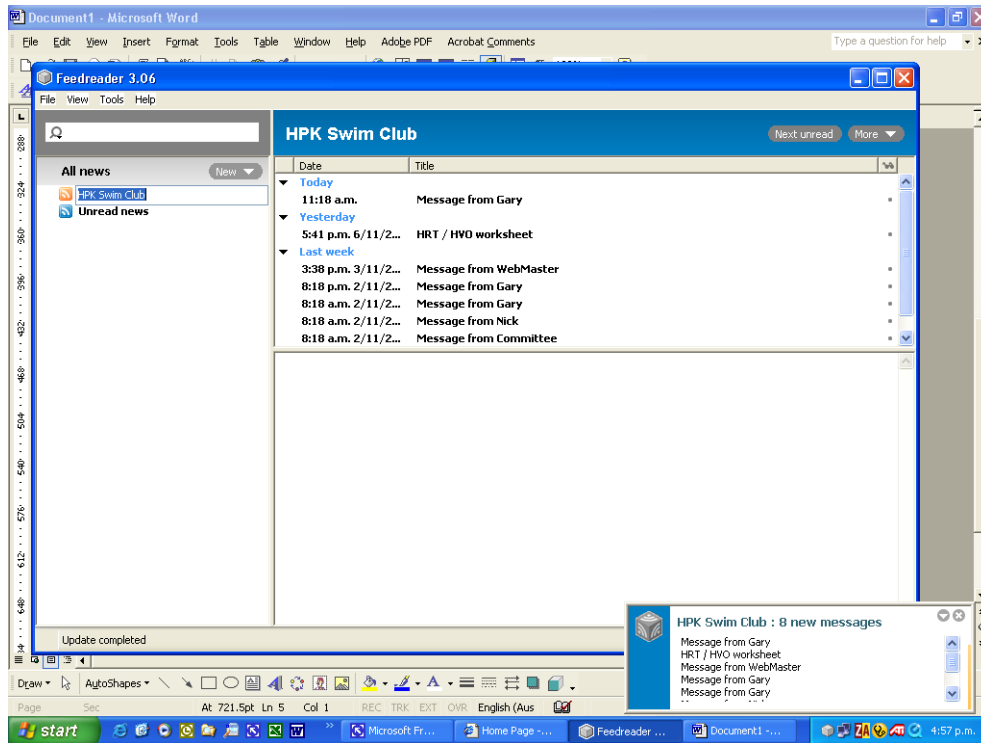
1/ Open Feedreader – it will probably have an icon like a cube in the system tray at the bottom of the screen



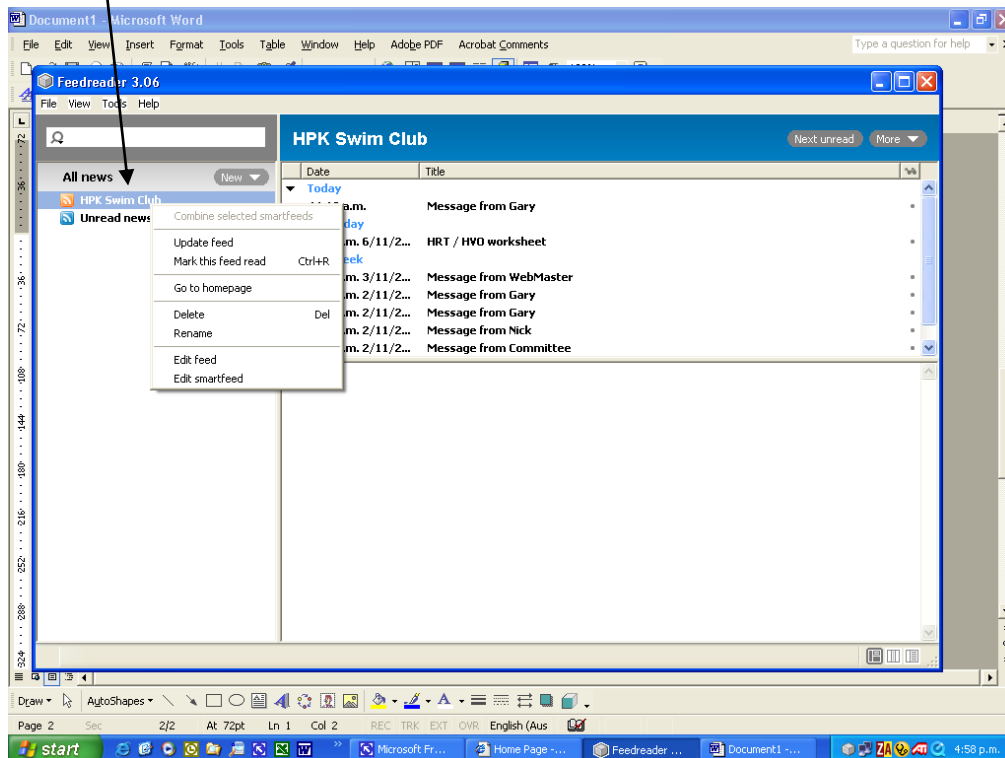
2/ Press F3 and the add feed screen will appear. Type hpkswimclub.org.nz and press enter



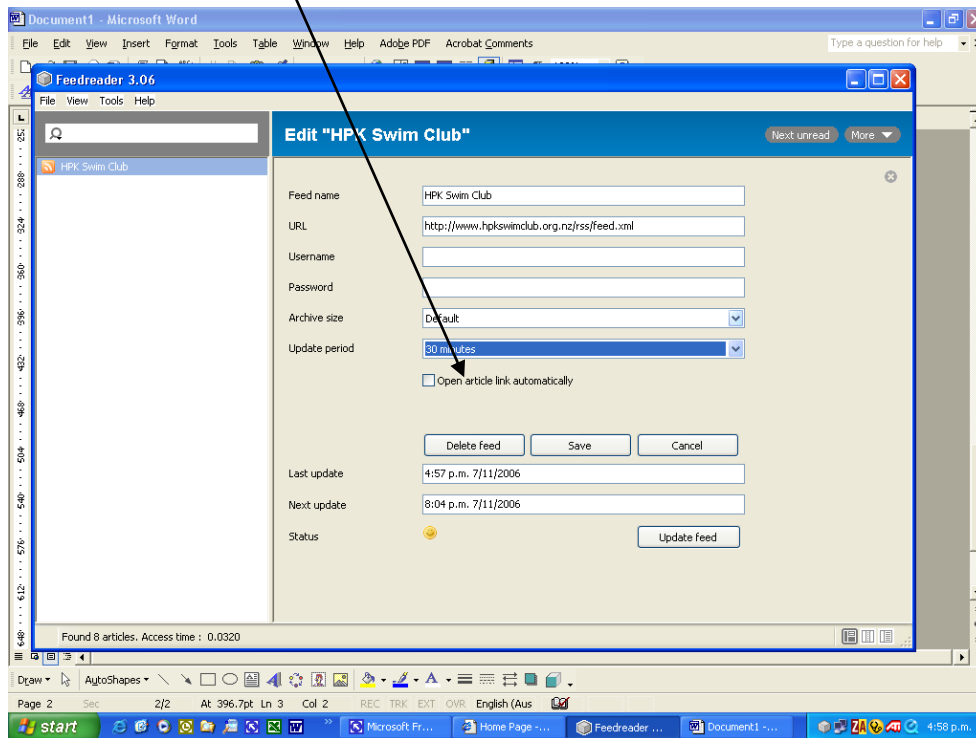
3/ All of the current messages will be displayed and an orange icon will appear in the left hand pane – you can change the description if you wish. A pop up box will also appear at the bottom of the screen – this will appear whenever new messages are available – the cube will also turn golden when there are messages available.



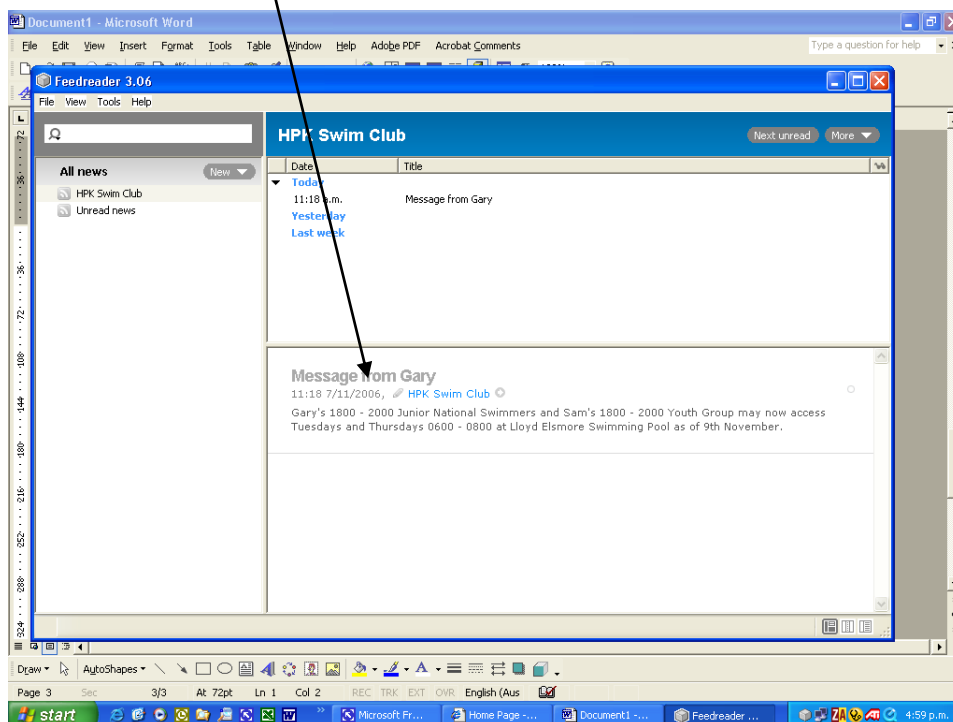
4/ To adjust the frequency checks are made for new messages right click on the HPK Swim Club message icon and select edit feed



5/ Change the update feed period to what you require and click on save. You then need to click Cancel to close this screen



5/ To go to the message on the club website click the message header in large type not the club HPK Swim Club text



Note: To delete feeds you no longer require (including one Feed Reader may automatically set up) simply click on the feed name in the left panel and press the delete key. You will be asked to confirm the deletion.