

CLUB NIGHT NEWSLETTER TERM 4 2013

Coaching Night- Thursday 17th October – 12th December

I can't believe Term 4 is here and Christmas is just around the corner (hasn't the year gone fast). We hope everyone had a great holiday break and are feeling rested and ready for the busiest time of the year. It's nice to see a lot of familiar faces back and welcome to those who have only recently joined us or are here for their first time.

Thursday nights are full and it's pleasing to see so many older swimmers in the 8 – 9pm session. We seem to have a great group of swimmers at the moment and we hope the support continues. Parents, please make sure you are here before 9pm to pick swimmers up, as we do not like to see children waiting outside in the dark.

NEW GROUP AVAILABLE HPK is looking at starting a club group at Otara Pool.

Unlike Club Night at Lloyd Elsmore we will be able to offer swimmers the option of training 2 nights a week instead of one, possibly a Tuesday & Thursday evening.

If you are interested in this group please contact me by email

admin@hpkswimclub.org.nz or see me when we start back in October.

Race Night- Tuesday 22nd Oct, 5th Nov, 19th Nov, 3rd Dec. Start time 7pm

These are every second Tuesday night throughout the term and are great fun. For those swimmers who have not attended one you should come and give it a go. The emphasis is not on winning but on improving your own times or working on technique. Swimmers may choose the races they want to swim and how long they stay for. Race nights normally finish around 8.30pm.

Club/Race Night Cancellations or Changes (see website)

If, for any reason Club or Race Night is cancelled or changed a message will be published on the Club's message board (see our website www.hpkswimclub.org.nz).

It is a good idea to familiarize yourself with this site as it contains a lot of information (race night calendars, newsletters, uniform info, contacts, articles, photo's etc.).

****Christmas Party- Thursday 12th December- All swimmer's 7 - 8.30pm**

As usual we will be running a Christmas fun night on the last coaching night. All Club night swimmers (both 7-8 and 8-9 sessions) are to come at **7pm**, so keep this night free. We'd love to see everyone there.

Term 1 2014

Coaching will resume after the Christmas holidays on the second Thursday of Term 1 (due to Thursday the 6th being Waitangi Day). A newsletter will be posted out over the holiday break. Please let us know if your address has changed or if you will no longer be attending club night (as we have a waiting list).

If you have any problems or suggestions you are welcome to discuss these with me on a Thursday night.

Enjoy the term.

Vicki Ashley
HPK Swim Club