

Club Night – Term 3 Thursday 7nd August – 25th September 2008

Pool Closure

There is no swimming for the first 2 weeks of term 3 as the pool is closed for maintenance, club nights will resume on Thursday 7th August.

Don't forget the Club has competitive squads available for those swimmers who might like to take up swimming a little more seriously. If you would like some information about any of the squads feel free to ask me on a Thursday night or you can contact me by phone (09)534 2693 or email admin@hpkswimclub.org.nz.

Tuesday Race Nights : 12th Aug., 26th Aug., 9th Sept., 23rd Sept.

Race nights commence again on Tuesday 12th August at 7.00pm, make sure you mark these nights on your calendar. Thanks again to all the parents who help us run these nights, your assistance is appreciated.

Race nights are an important factor in keeping swimmer's motivated as they can see their improvement, so try and come along if you can.

To the swimmers, make sure once you've mastered the 25m races have a go at the 50m races then the 100's. Keep setting yourself goals and before long you'll be able to swim the longer distances without getting tired or losing your technique.

Club Gear

Last year the club introduced a new shirt as part of our uniform therefore we have a limited number of old shirts which will be available for purchase on Club Night at \$15 each. If you wish to purchase one please come and see me on a Thursday evening as stocks and sizes are limited.

Honda Spring Carnival 9th – 10th August 2008

This Term is our major carnival for the year. If any parent has access to spot prizes or would like to sponsor a race at \$50 we would like to hear from you. It is also a good opportunity for swimmers/parents to come along and see HPK's competitive swimmer's race against other clubs so pop in and have a look. We run 3 sessions, Saturday morning and afternoon and Sunday morning.

Club Website www.hpkswimclub.org.nz

Don't forget to check out the Club's website. You can check your times, order uniforms, look at the latest Waterspout as well as catch up on all Club information.

It is worth having a regular browse through.

Please let me know if you are moving out of the area (have changed address) or have decided to stop swimming , as we have a list of swimmer's waiting for a space.

We are always available to answer any questions or try to help with any problems you might have so feel free to come and see us.

Vicki Ashley
HPK Swim Club