

**HOWICK PAKURANGA AMATEUR SWIMMING & LIFESAVING CLUB**  
**DISTANCE CLUB CHAMPIONSHIPS 2018/19**

<u>Date</u>	<u>Day</u>	<u>Event #</u>	<u>Distance/Stroke</u>	<u>Warm-up Time</u>	<u>Start Time</u>
09/10/18	Tuesday	1	200 IM	7.00pm	7.30pm
16/10/18	Tuesday	2	200m Fly	7.00pm	7.30pm
		3	200m Back		
23/10/18	Tuesday	4	400m Free	None	7.30pm
30/10/18	Tuesday	5	1500 Free	None	7.00pm
06/11/18	Tuesday	6	200m Free	7.00pm	7.30pm
13/11/18	Tuesday	7	200m Breast	7.00pm	7.30pm
20/11/18	Tuesday	8	400m IM	7.00pm	7.30pm
27/11/18	Tuesday	9	800m Free	None	7.00pm

**MEET CONDITIONS**

- All events will be swum as Mixed Timed Finals.
- A Club Champs trophy (one per swimmer) will be presented for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in the following age groups:  
9/U, 10/11, 12/13, 14/15, 16/O.
- Points will be awarded to the top 6 swimmers, male and female, in each event in the following age groups: 7/u, 8/9, 10/11, 12/13, 14/15, 16/O.  
Points: 1<sup>st</sup> 6, 2<sup>nd</sup> 5, 3<sup>rd</sup> 4, 4<sup>th</sup> 3, 5<sup>th</sup> 2, 6<sup>th</sup> 1.
- Each competitor in Events 1 – 9 **must** bring a timekeeper. No timekeeper will result in the competitor being unable to swim (unless prior arrangements made with Meet Director).
- 25, 50, 100m Events date to be confirmed.

**AGE AS AT** 1<sup>st</sup> January 2019

**ENTRY FEE** \$4.00 per event.

Meet Director Vicki Ashley Ph 534-2693

**ENTRIES CLOSE for Events 1 – 9: Tuesday 2 October 2018**

